

IV. Dose-response relationship between cadmium exposure and adverse health effects

TABLE IV

PREVALENCE RATES OF β -MICROGLOBULINURIA IN RELATION TO URINARY CADMIUM CONCENTRATIONS AMONG INHABITANTS OVER 50 YEARS OF AGE

Men

Cd ($\mu\text{g/g.cr.}$)	0.0—0.9	1.0—1.9	2.0—2.9	3.0—3.9	4.0—4.9	5.0—5.9	6.0—6.9	7.0—7.9	8.0—8.9	9.0—9.9	10.0—14.9	15.9—19.9	20.0—
Median Cd ($\mu\text{g/g.cr.}$)	0.8	1.7	2.5	3.5	4.4	5.4	6.4	7.5	8.5	9.4	11.5	18.5	
N	10	111	240	231	208	153	110	82	61	42	116	39	
Prevalence rates (%)													
$\beta_2\text{-mg} \geq 927 \mu\text{g/l}$	0.0	4.5	2.9	3.5	6.3	8.5	14.5	14.6	16.4	23.8	43.1	48.7	
$\beta_2\text{-mg} \geq 1129 \mu\text{g/g.cr.}$	0.0	3.6	4.6	4.3	7.2	8.5	15.5	14.6	21.3	26.2	42.2	53.8	

Women

Cd ($\mu\text{g/g.cr.}$)	0.0—0.9	1.0—1.9	2.0—2.9	3.0—3.9	4.0—4.9	5.0—5.9	6.0—6.9	7.0—7.9	8.0—8.9	9.0—9.9	10.0—14.9	15.9—19.9	20.0—
Median Cd ($\mu\text{g/g.cr.}$)	0.9	1.7	2.6	3.5	4.5	5.3	6.5	7.4	8.4	9.5	11.8	17.0	23.4
N	4	27	99	140	177	176	188	159	142	112	347	83	62
Prevalence rates (%)													
$\beta_2\text{-mg} \geq 503 \mu\text{g/l}$	0.0	3.7	3.0	5.0	7.3	8.0	9.0	8.2	22.5	21.4	32.0	37.3	56.5
$\beta_2\text{-mg} \geq 1059 \mu\text{g/g.cr.}$	0.0	7.4	3.0	5.0	7.3	9.1	8.5	8.8	21.1	18.8	31.4	41.0	59.7

N: Number of persons examined.

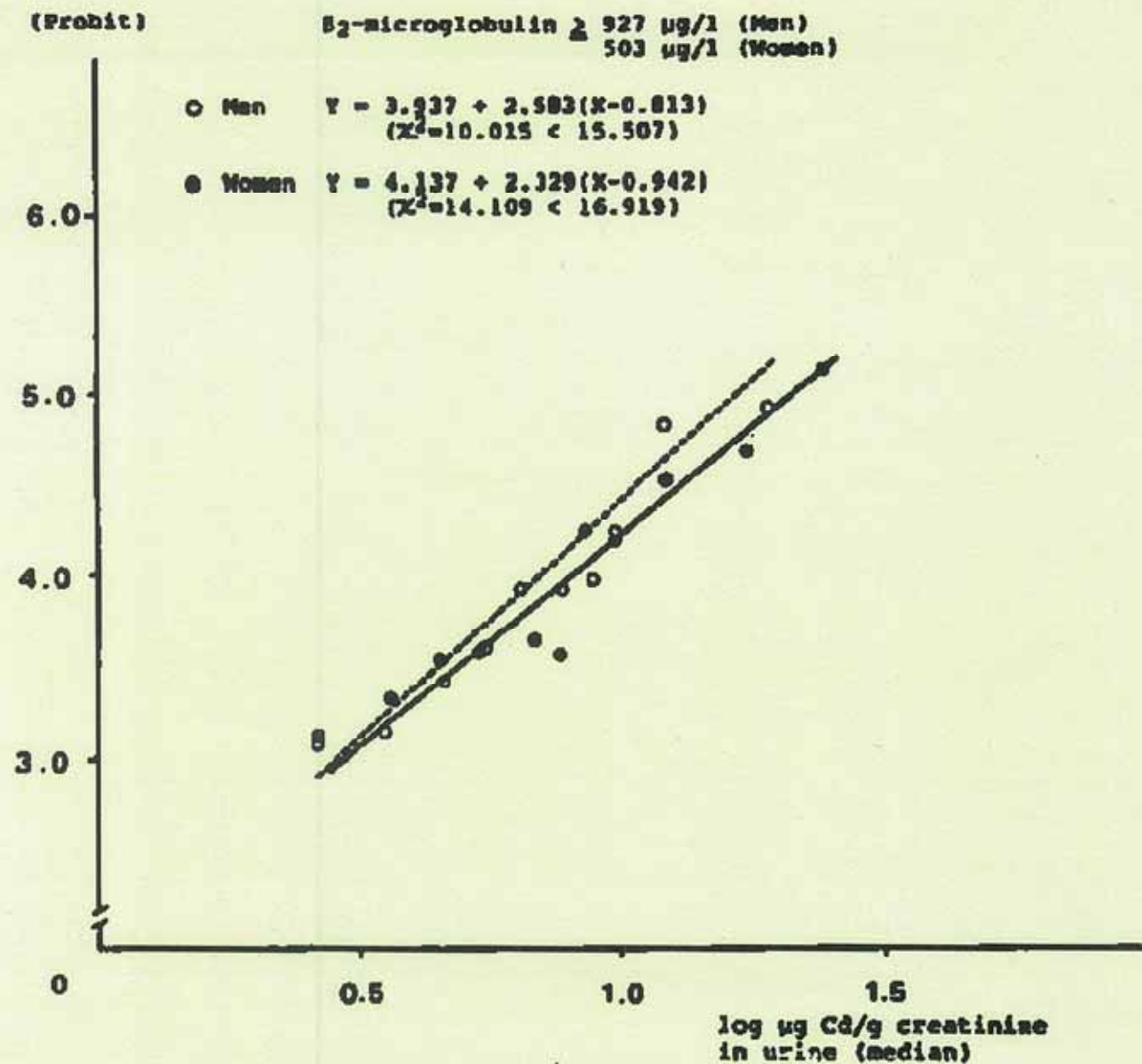


Fig. 1. Probit linear regression line between urinary cadmium concentration and prevalence of β_2 -microglobulinuria.

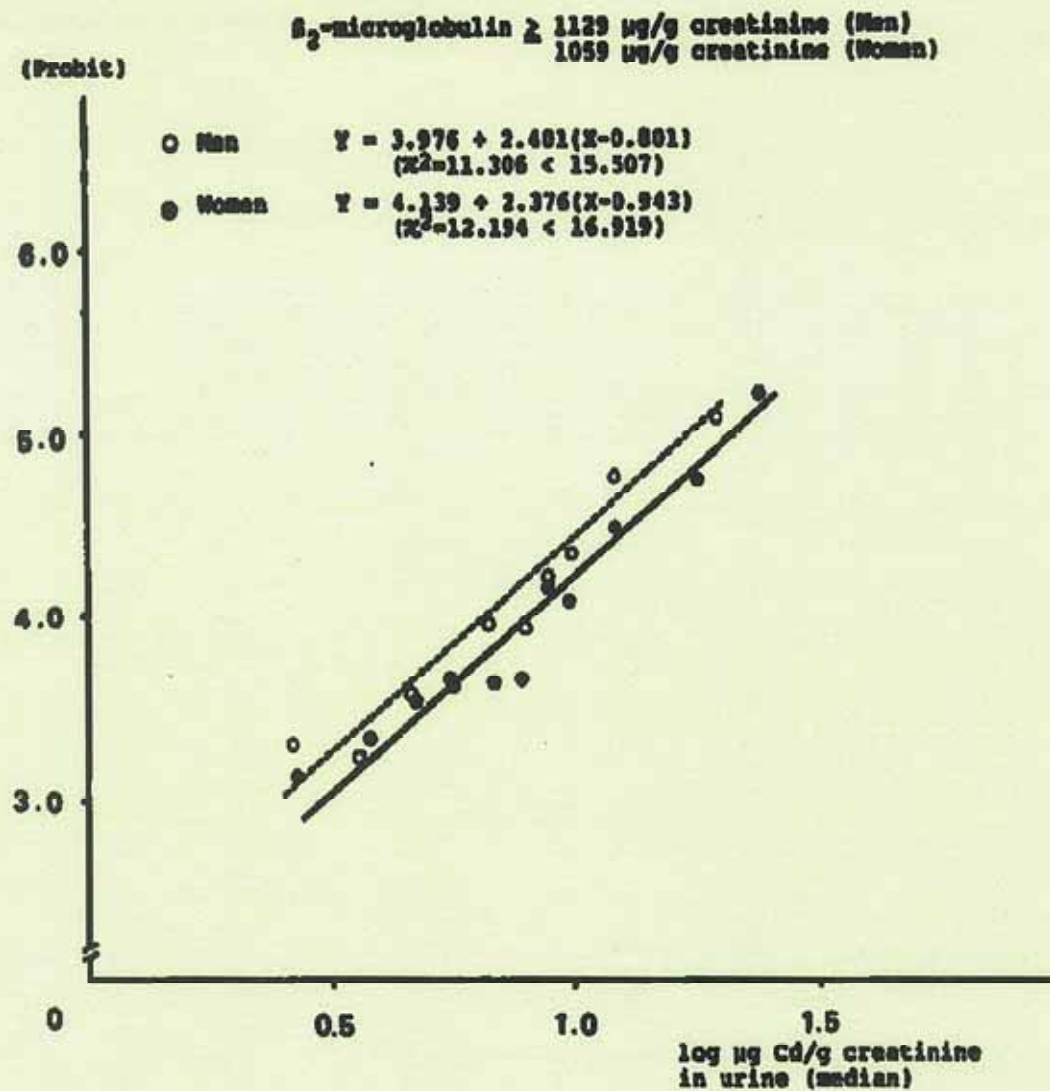
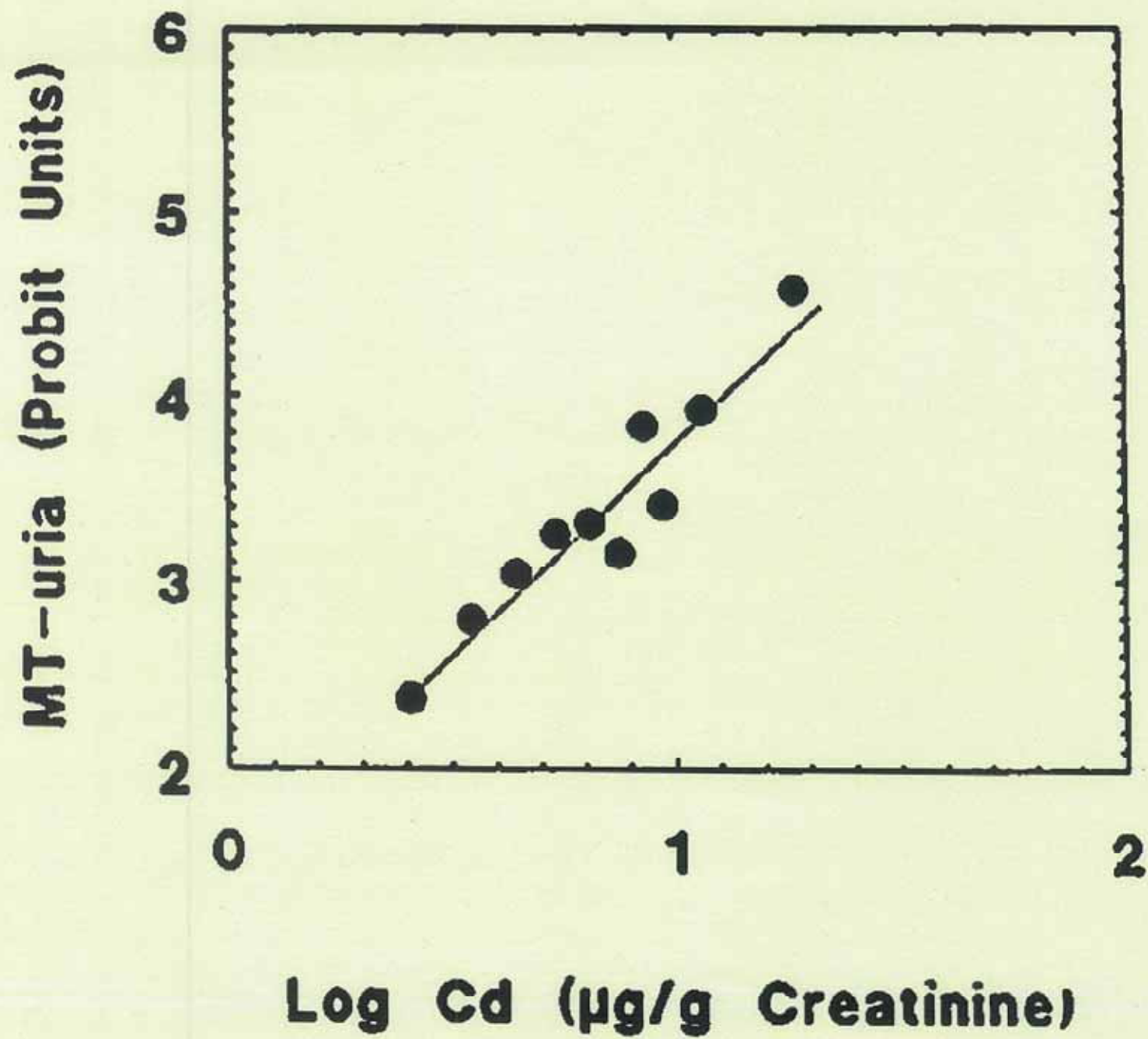
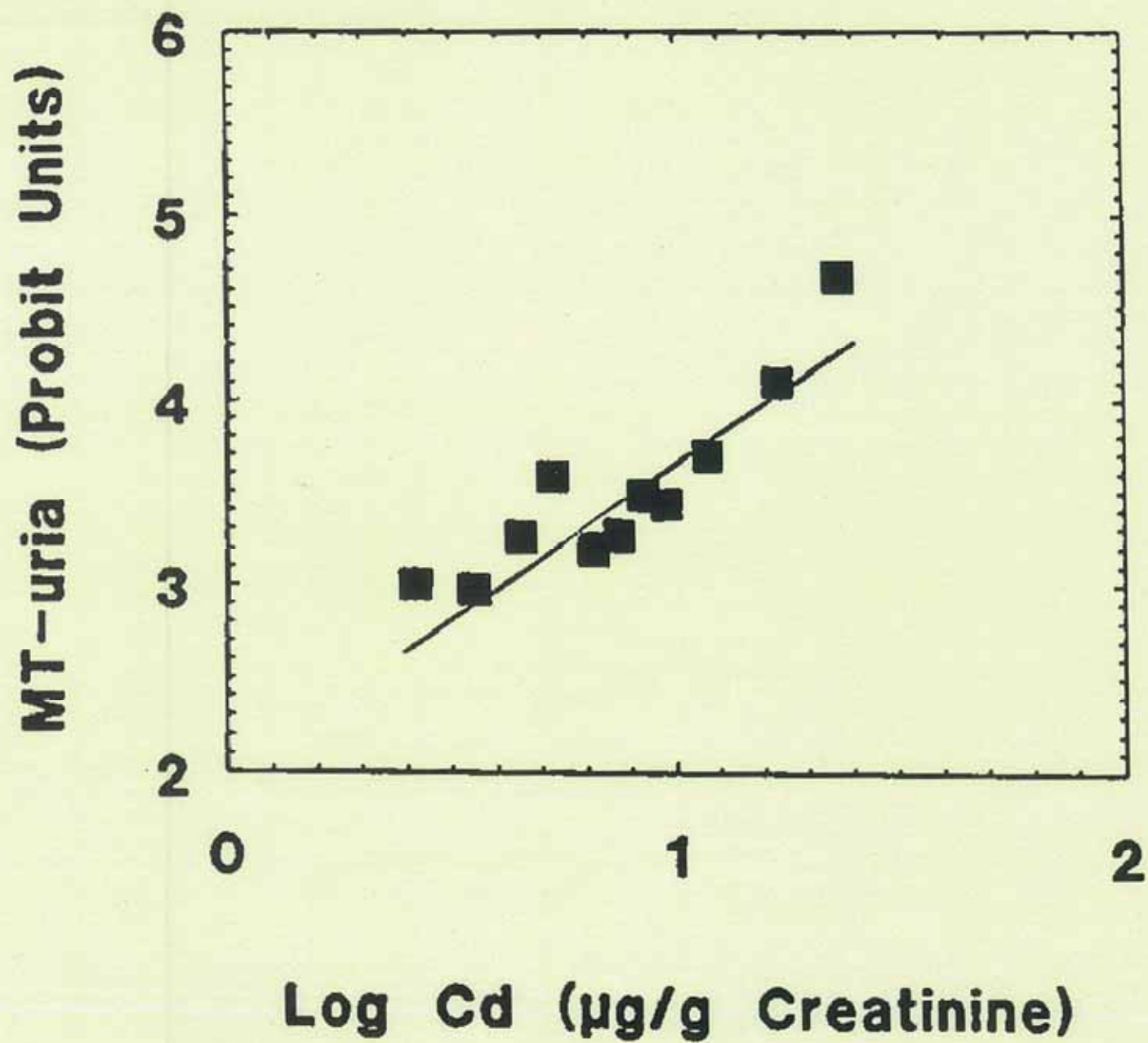


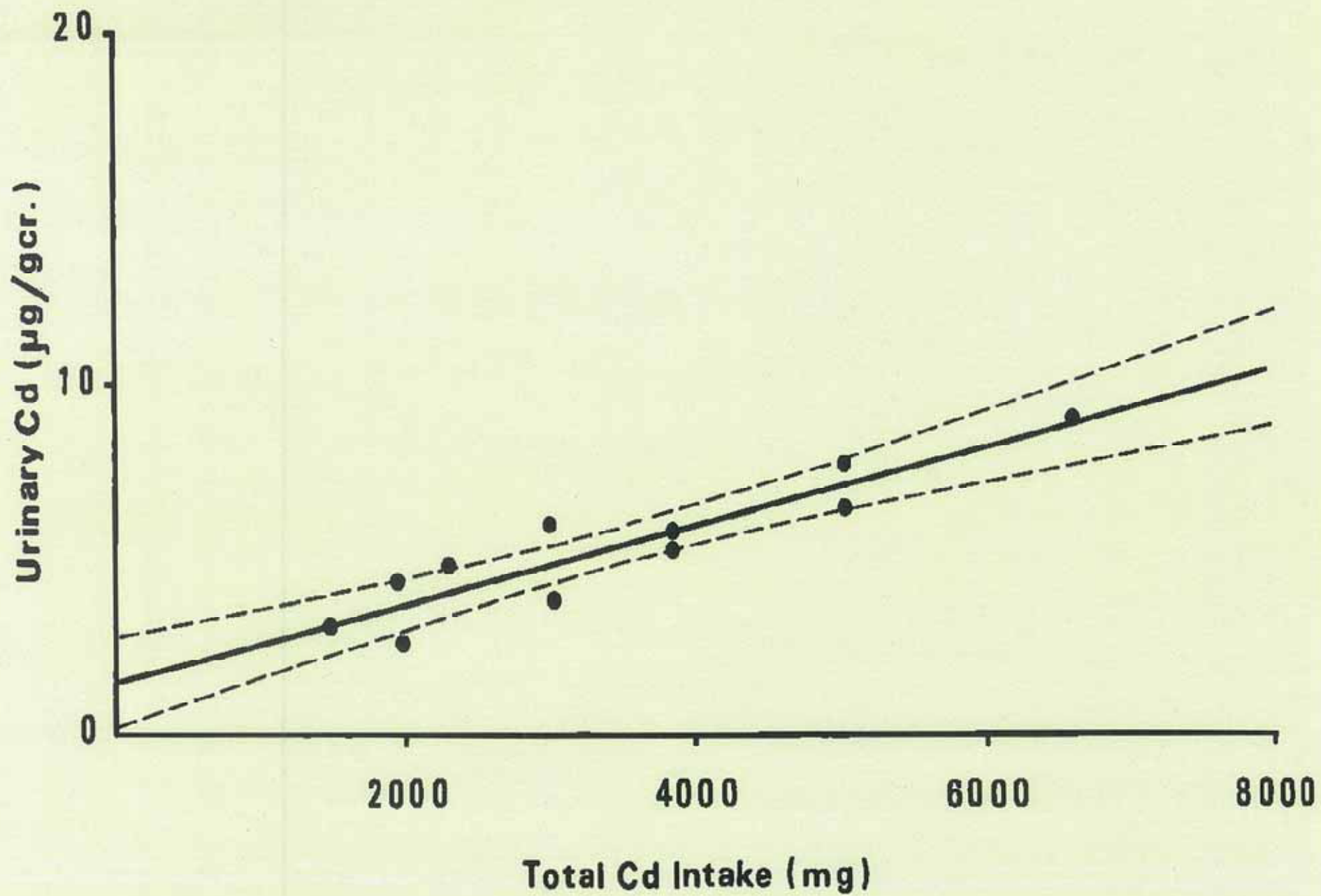
Fig 2. Probit linear regression line between urinary cadmium concentration and prevalence of β_2 -microglobulinuria.

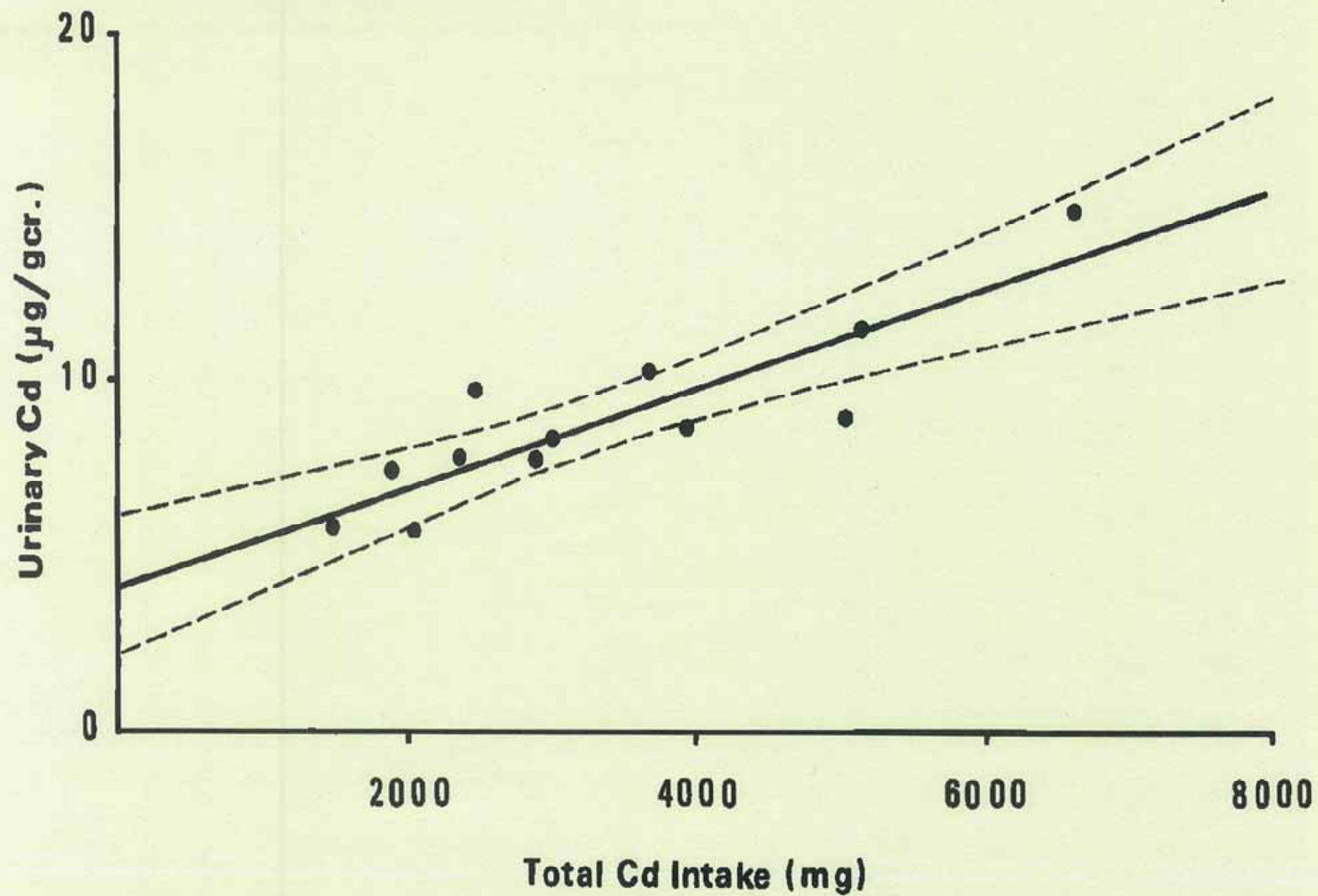




Total Cd intake calculated by formula as follows.

([village average Cd concentration in rice] ×
[the average daily intake of rice] + [daily
intake of Cd from foods other than rice]) ×
[duration of residence in the Cd-polluted
areas] + [average daily intake of Cd in non-
polluted areas of Japan] × [duration of
residence in non-polluted areas].





DOSE RESPONSE OF Cd AND Cd INTAKE LIMIT

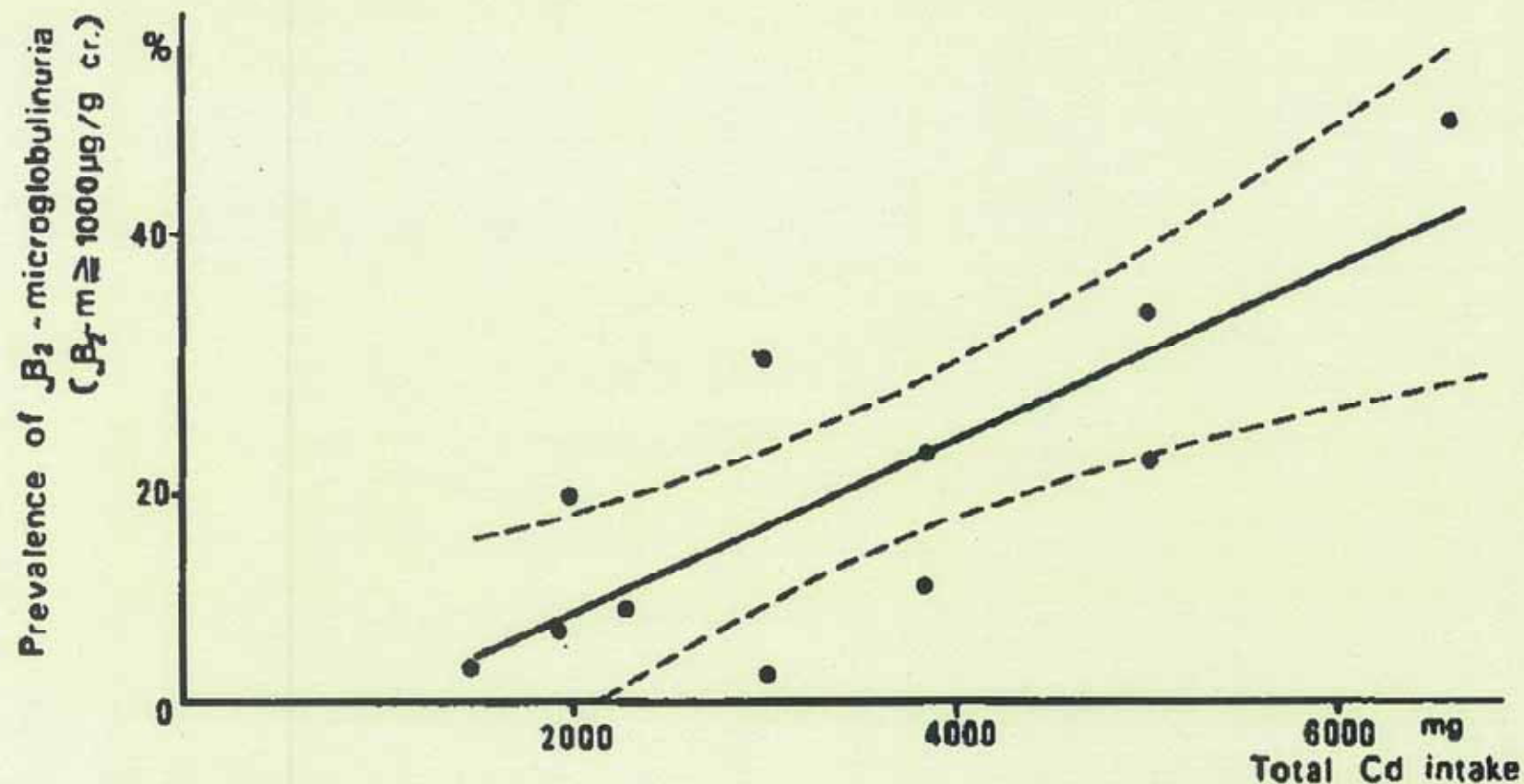


FIG. 2. Correlation between total Cd intake and prevalence of β_2 -m-uria (β_2 -m $\geq 1000 \mu\text{g/g cr.}$) for the Cd-exposed male group. The regression line is $Y = 0.0083X - 7.93$ ($r = 0.81$; $P < 0.01$).

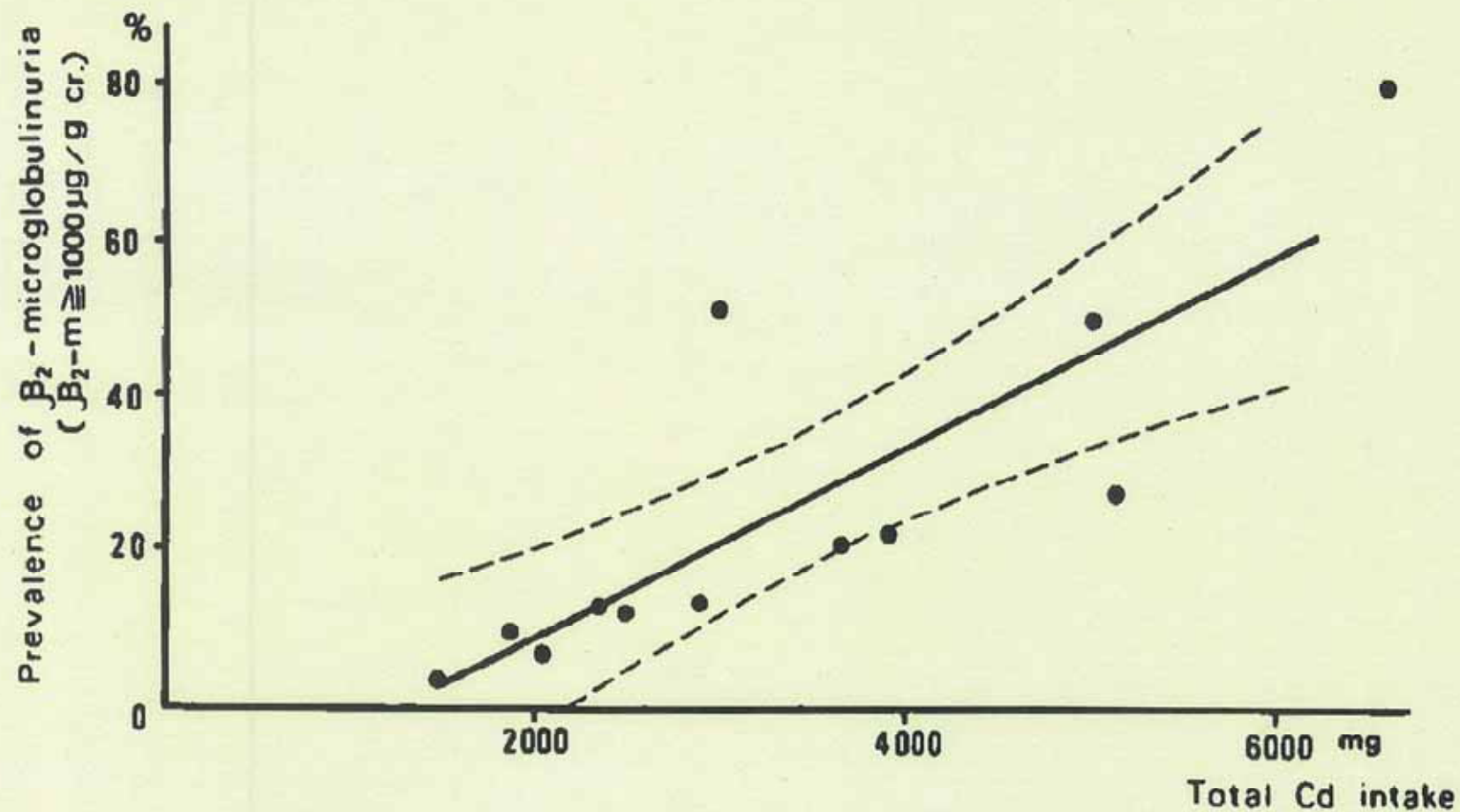
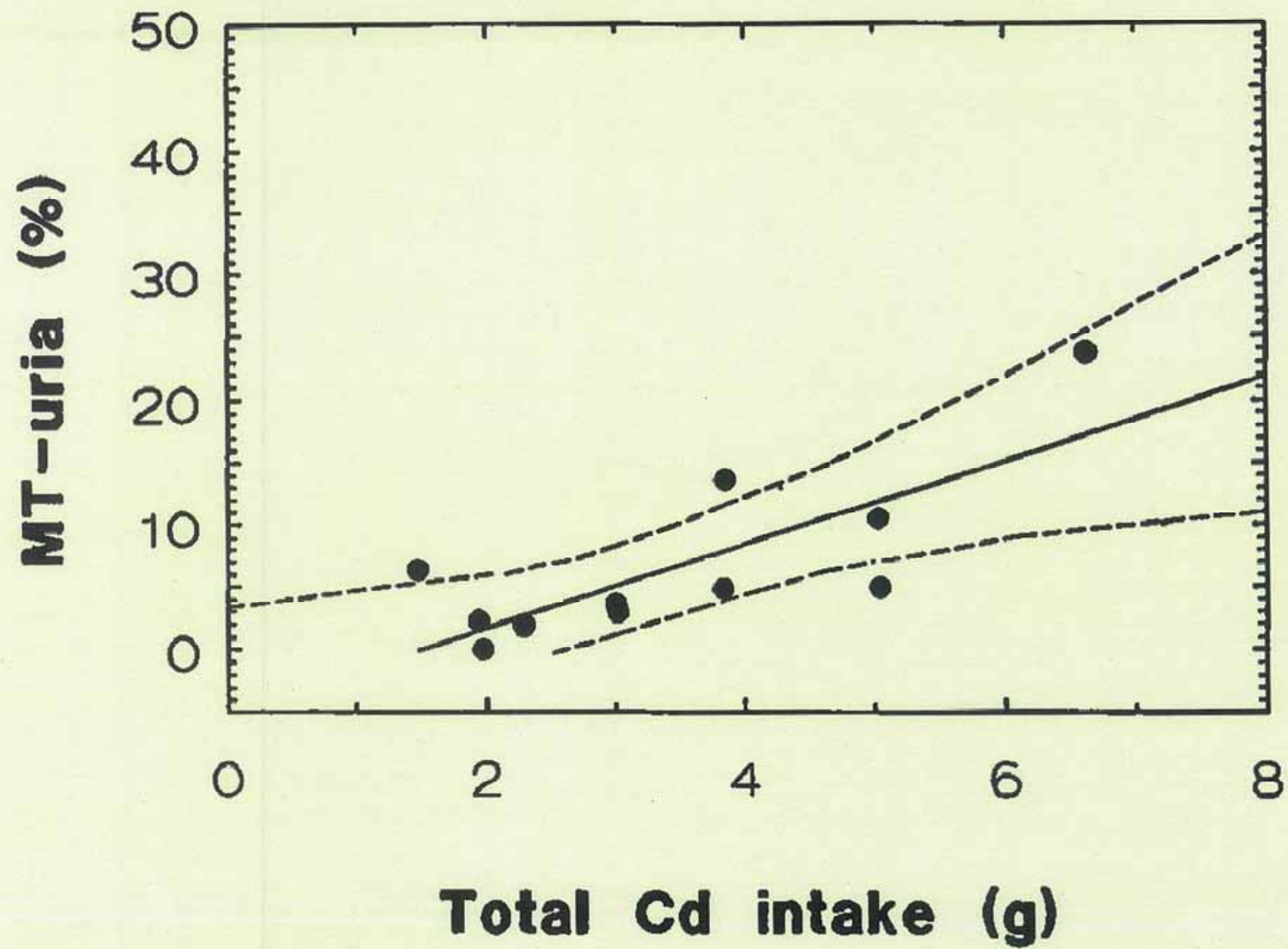
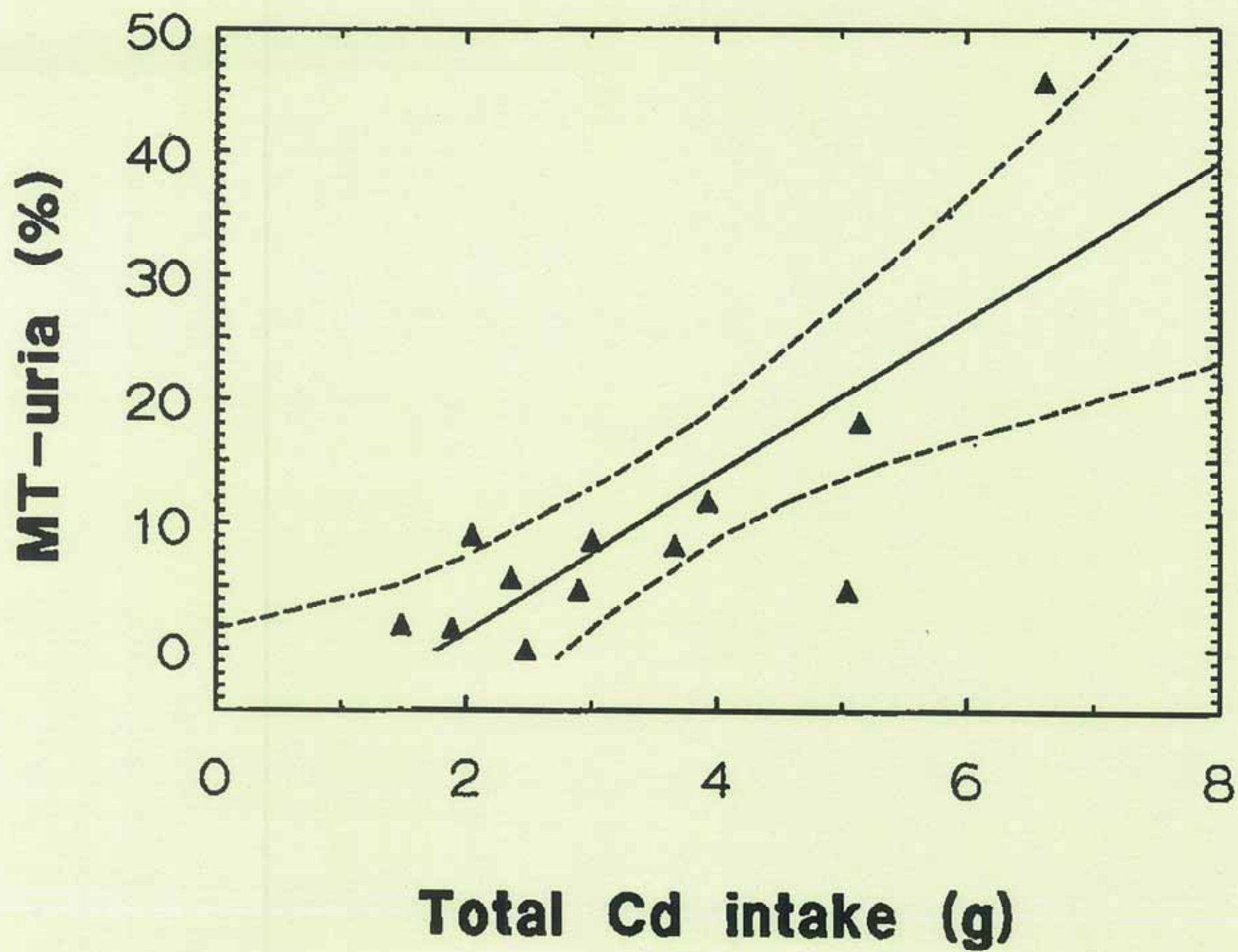


FIG. 4. Correlation between total Cd intake and prevalence of β_2 -m-uria (β_2 -m \geq 1000 μ g/g cr.) for the Cd-exposed female group. The regression line is $Y = 0.012X - 16.16$ ($r = 0.84$; $P < 0.001$).





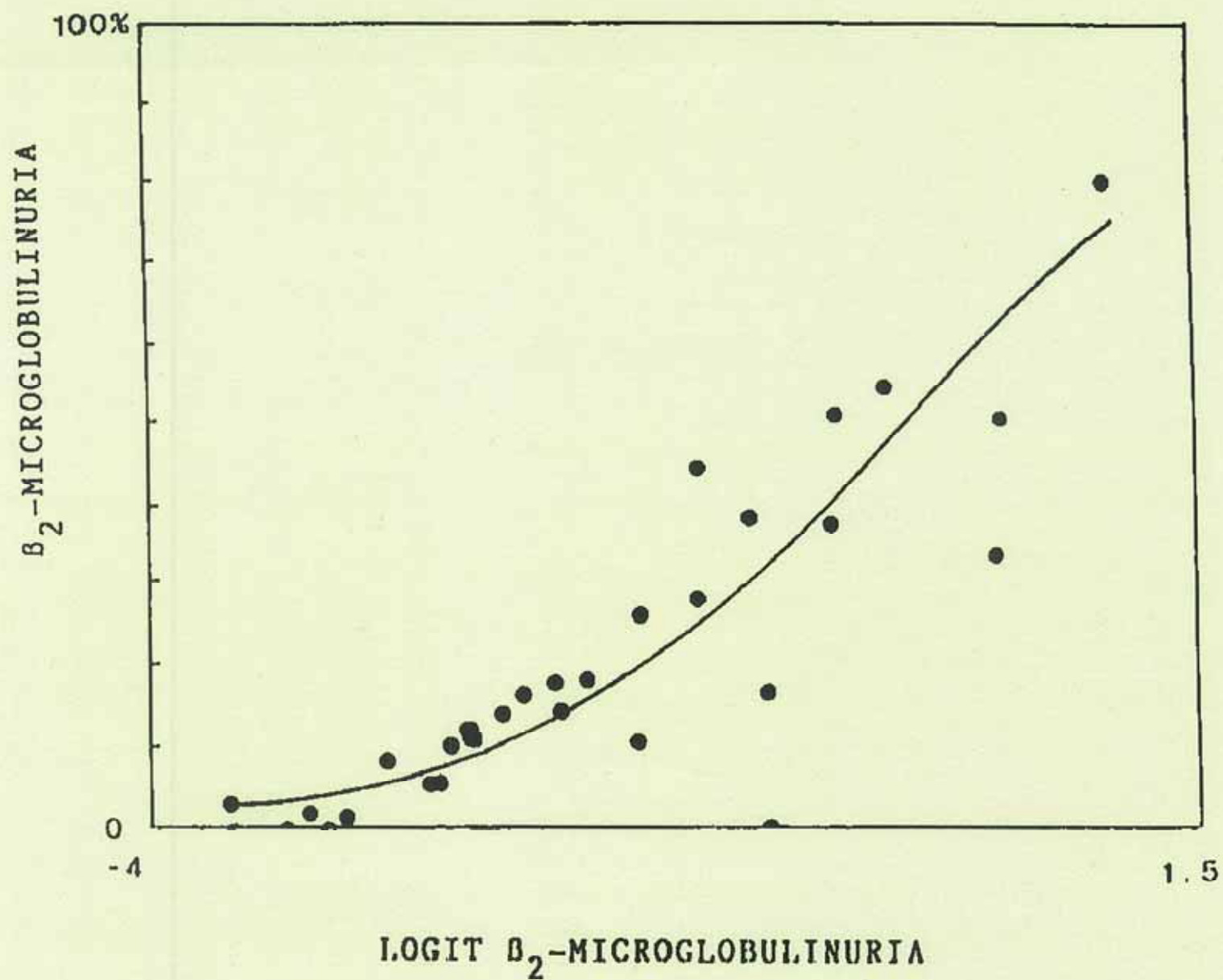


Fig. 1. Prevalence of β_2 -MGI-uria in the Cd-exposed women and their logistic model in the case of β_2 -MGI expressed as $\mu\text{g/g} \cdot \text{cr}$.

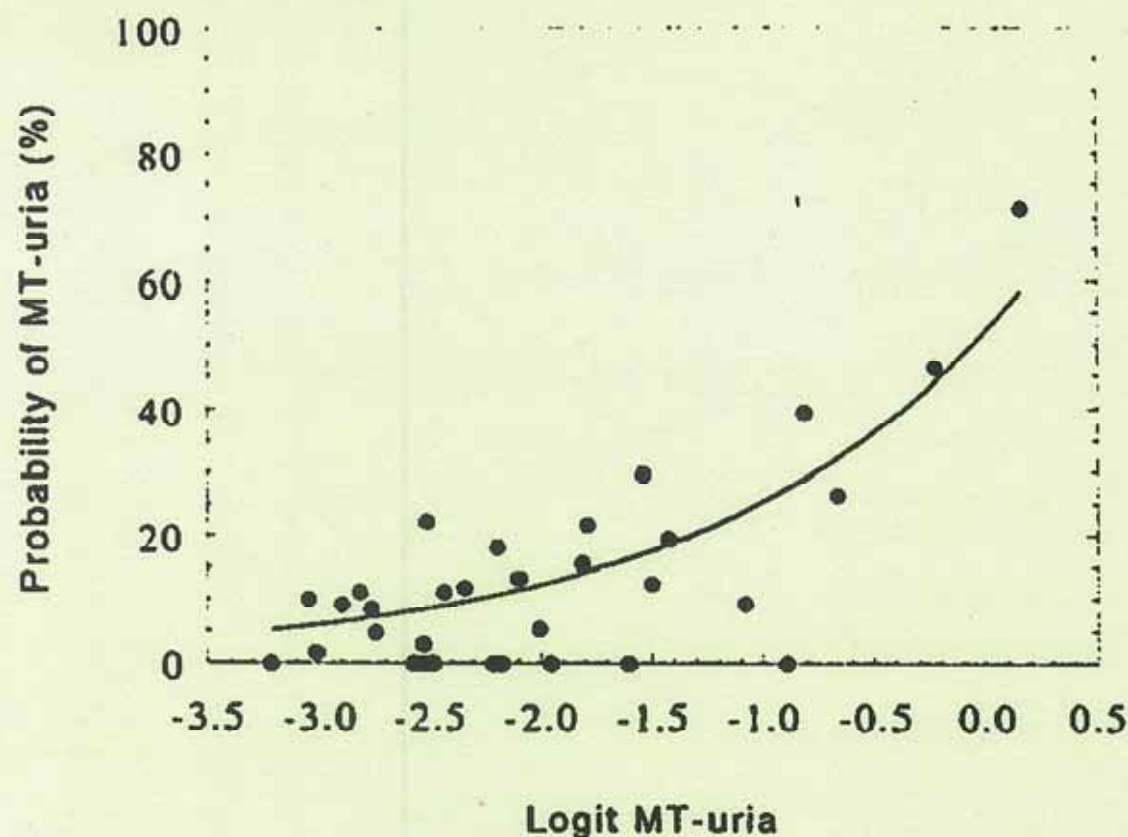


Fig. 1. Logistic regression analysis of the prevalence of MT-uria in the Cd-exposed women. Data are for MT values expressed as $\mu\text{g/g}$ creatinine. The probability of MT-uria (prevalence, %) and ln odds (logit) MT-uria are plotted. Exponential fit, correlation coefficient = 0.75.

$$\text{Logit MT-uria} = -4.6773 + 0.0119 (\text{Age}) + 0.000566 (\text{Total Cd intake})$$

Fig. 7 Prevalence of metallothioneinuria ($\mu\text{g}/\text{l}$) corresponding to each age and total cadmium intake calculated by general linear model

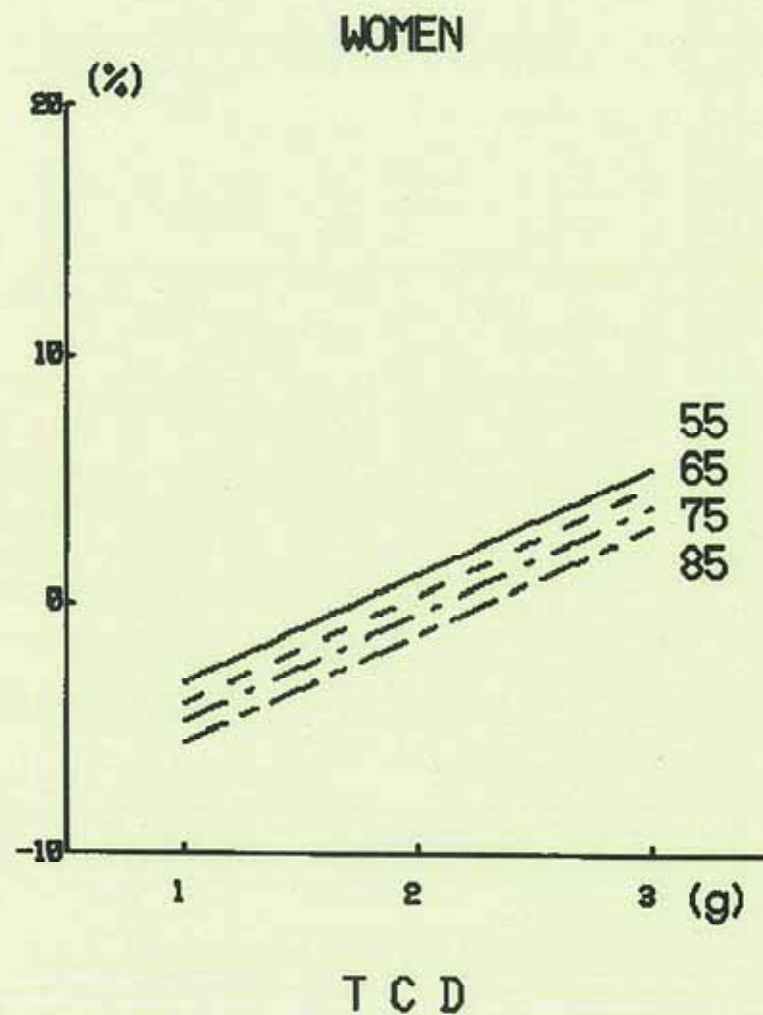
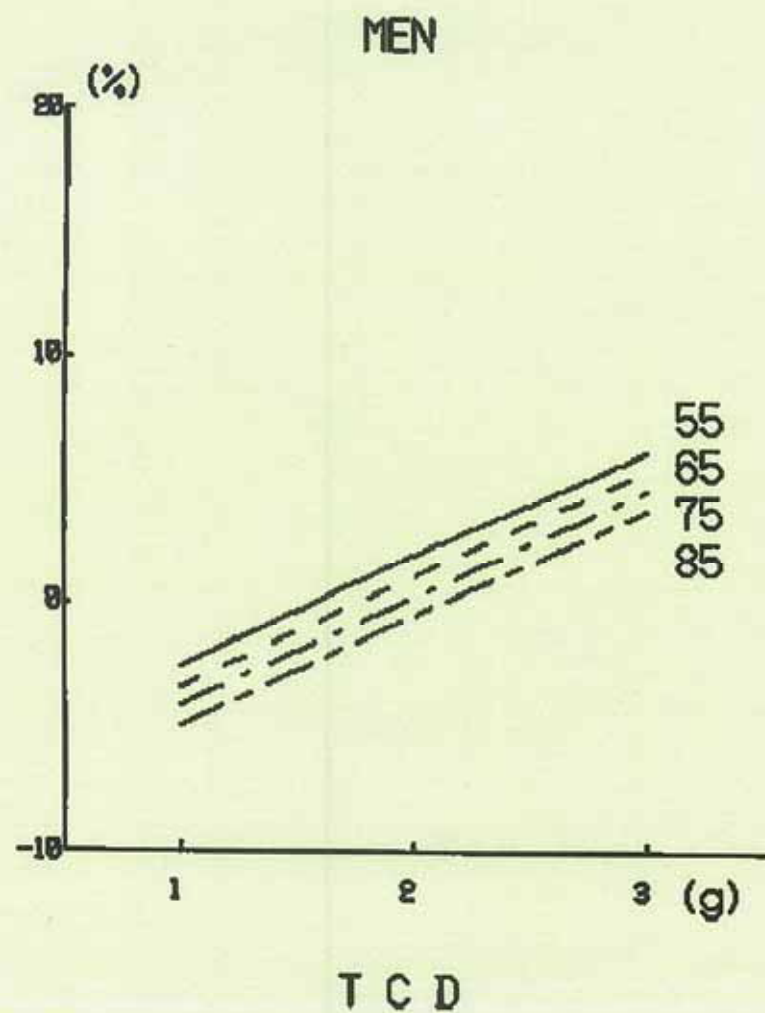
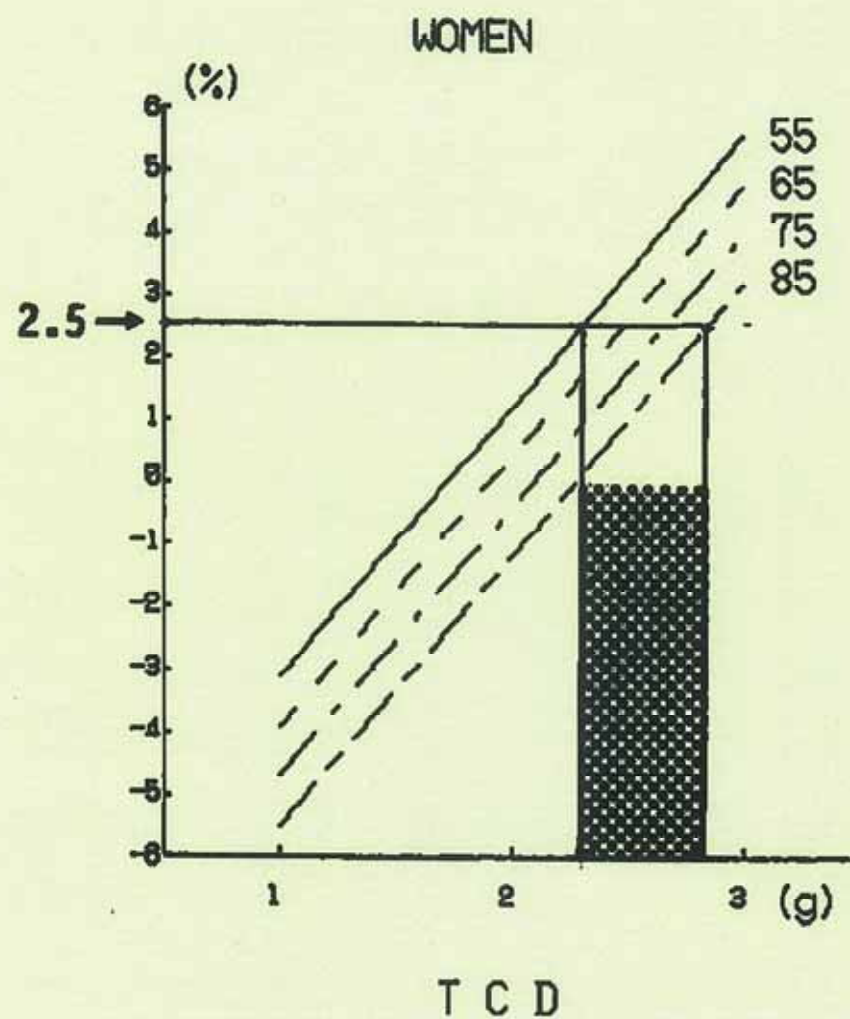
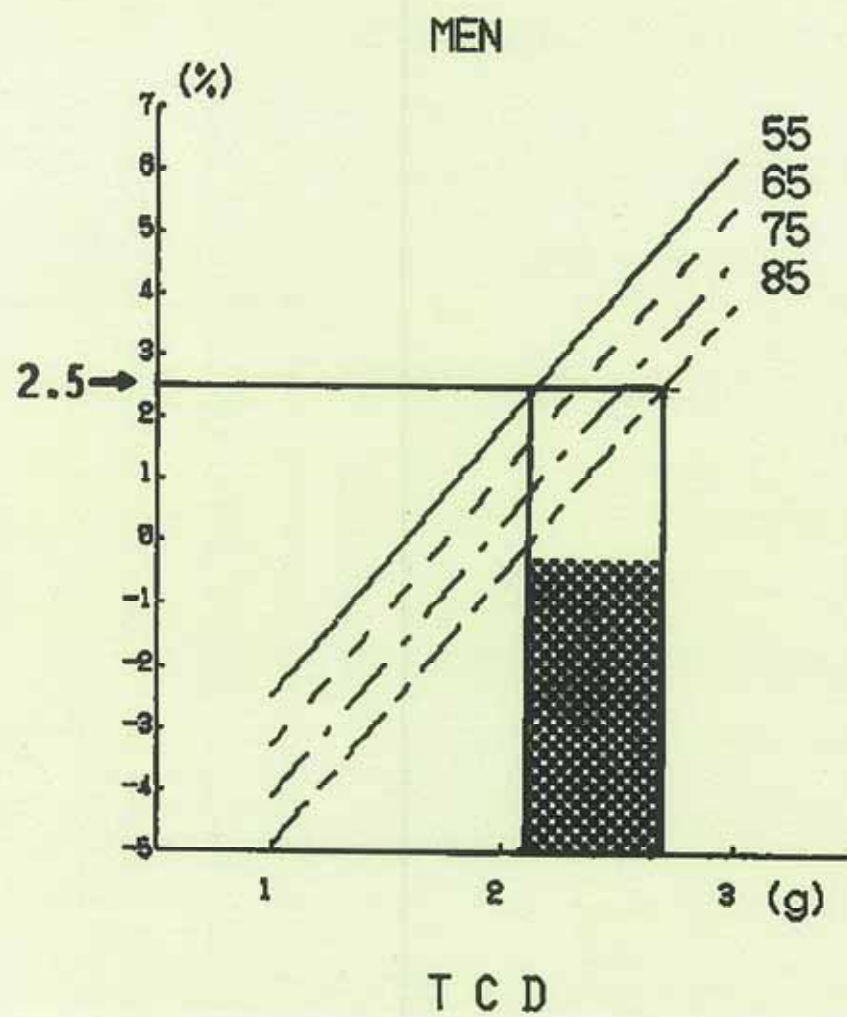


Fig. 10 Ranges of total Cd intakes corresponding to 2.5 % of prevalence of metallothioneinuria in the nonexposed men and women



2g of total Cd intake

[Example]

In case of 80 yr is

= 25 mg / yr (2000 mg / 80 yr)

= 68 μ g / day (25,000 μ g / 365 days)

< 80 μ g (0.4 ppm x 200 g) + α

Cut-off value of rice in Japan

Other foods

Conclusion(1)

- Prevalence of β_2 -MG-uria ($> 1,000 \mu\text{g} / \text{g cr.}$) was 14.3 % in men and 18.7% in women in Cd-polluted areas of Kakehashi River basin, while it was 6.0 % and 5.0 % in men and women in unpolluted areas, respectively.

Conclusion(2)

- Once Cd-induced renal tubular dysfunction occurred, it was **irreversible** even after cessation of Cd-exposure.
- Bone damage such as osteopenia was also found in Cd-exposed subjects with renal tubular dysfunction.

Conclusion(3)

- Total Cd intake corresponding to maximum allowable Cd concentration in urine was calculated as approximately **2 g** for both of men and women using linear regression and multivariate analysis.