海外における関連制度等

- U.S. Food and Drug Administration
 Center for Food Safety and Applied Nutrition
 A Food Labeling Guide -- Appendix C
 September 1994 (Editorial revisions June 1999 and November 2000)
 Health Claims
- Food Standard Agency
 Safe Upper Levels for Vitamins and Minerals
 Expert Group on Vitamins and Minerals (2003)
- Standing Committee on the Scientific Evaluation on Dietary Reference Intakes Food and Nutrition Board Institute of Medicine Dietary reference intakes for Calcium, Phosphorus, Magnesium, Vitamin D, and Fluoride, National Academy Press (1997)